

# Indian American Forum

www.indianamericanforum.org

12th Women's Achievements Awards Gala

SUNDAY, MARCH 5TH 2023

**METROPOLITAN** 3 Pratt Blvd., Glen Cove, New York

Women of Character Courage Commitment

& Accomplishments

## VE ARE HERE FOR YOU



Parker Jewish Institute HEALTH CARE AND REHABILITATION 271-11 76th Avenue, New Hyde Park, NY 11040 (877) 727-5373, ParkerInstitute.org Parker's Indian Cultural Unit Committee Members

Seated (left to right): Founders: Dr. Indravadan Shah, Dr. Saroj Shah, Dr. Ram Pardeshi

Stonding (left to right): Dahya Bhai Patel, Dr. Hira Lal Patel, Dilip Tolat, Lina Scacco, Rekha Tolat, Sujata Seth, Mukund Mehta, Dr. Harshad Shah, Mohan Ramaswamy

## WE ARE HERE FOR YOU

Parker's Medical & Nursing Staff

#### Seated (left to right):

Neelam Chand, CNA, Satvir Kaur, RN HD, Nurse Mgr. Harpreet Khahera, RN, Head Nurse Anthony Auguste, RN, Rinsey George, CNA

#### Standing (left to right):

Dr. Sandeep Mehrishi Attending Pulmonologist, Colleen Ariola Director of Nursing, RN, Dr. Arpan Phillip Assistant Director Medicine, Dr. Ram Pardeshi Attending Psychiatrist, Susan Costello Clinical Dir Subacute & LTC, Dr. Igor Israel Medical Director, Dr. Pushpendra Sharma Attending Geriatrician, Dr. Vimalson Monickam Attending Geriatrician, Verna Sinclair Clinical Director Staff Educator



#### Parker Jewish Institute HEALTH CARE AND REHABILITATION

271-11 76<sup>th</sup> Avenue, New Hyde Park, NY 11040 (877) 727-5373, ParkerInstitute.org



#### GALA CHAIR SHAMMI SINGH

On behalf of the Indian American Forum board of trustees, I would like to welcome you to our 12th annual Outstanding Women's Achievement Awards Gala. The board and I would like to thank all of you for your continued support of our mission.

After two long years it is exhilarating to finally be able to hold our event in person and celebrate these amazing women over a night of dinner and dancing! Our honorees tonight are a prominent few among many, many amazing women who have pushed boundaries and through their influence have paved the way for other women and future generations of girls to follow in their footsteps of leadership.

We take great pride in using the IAF platform to recognize these powerful women and their contributions to our community. We are all ambassadors of humanity and understanding and collaboratively we can create more of a positive influence amongst our increasingly growing and diverse local communities.



# CONGRATULATIONS To THE HONOREES

Nayana Brahmbhatt Dr. Parul D. Makkar Dr. Purvi Parikh Sandy Bhatia Vandana Jauhar

## Best wishes to Indian American Forum <sub>for</sub>

**Women's Achievements Gala** 

Keep up the Celebration & Recognition of women of Character, Courage, Commitment & Accomplishment.

## **ANIMESH & ANUPAM GOENKA**





#### Bobby Kumar Kalotee

I am humbled and privileged to take this opportunity to congratulate these wonderful women for their achievements in life. You all are role models. A woman is not only a mother, a successful woman above all is a great humanitarian. Thank you from the bottom of my heart for your services to your family and to the community. God bless you and your family.

I would also like to take this opportunity to congratulate the team of Indian American Forum for 12th Outstanding Women's Achievements Awards Gala, under the leadership of our dear, respected Indu Jaiswal.



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#### Message from the Chairperson

Today'swomen are playing several roles of being aprofessional, a housewife, a mother, a sister and of course a true friend. It is the potential for goodness and proving that it is not our success that defines or empower us, but it is the potential for goodness and self-less that exists in every human heart, helping and supporting others in this time of need. If we have a heart and mind centered on love and respect, we are empowered to make a difference in the lives of others.

Today's women continue to hold highest position in all aspects of Business Environment that includes Healthcare, Media, and Politics, corporate and Finance. In modern India and America, women have adorned high offices including that of President,Vice President, PrimeMinister, and Speaker of Lok Sabha, Defense Minister, going up in the space, flights operated by women, and so on.

March is women's History month, On Behalf of the board of Trustees and Members of Indian American Forum; I would like to welcome you to our Twelfth Outstanding Womens Achievements Gala as part of Womens History Month celebration. We recognize the contributions made by distinguished members of the Indian American Community in the Tri state area. The dedication, fortitude, and compassion of our distinguished Honorees and guests have been an inspiration to our community. We are also presenting special recognition to our young achievers and leaders.

Congratulations to all our Honorees and Guests of Honor. My sincere thanks and appreciation for all the hard work, dedication and commitments of the coordinators of Indian American forum and Board members, supporters and sponsors, not only for this event but also for all the hard work throughout the year. We are deeply honored that you have chosen IAF as an organization worthy of your support. Without you we could not continue to offer these vital services for our seniors and other programs. I also want to thank my husband Sudhir and my whole family for their continued support.

Indu Jaiswal RDN CDN Chairperson

**Board of Trustees** Azad Anand, MD Urmilesh Arya MD Parveen Chopra, PhD (Past Chair) Mr. Animesh Goenka Dr Nirmal Kumar Dr D Nori Bhupendra R. Patel, MD Mr. Surinder Rametra Mr. Mohinder STaneja Chairperson Indu Jaiswal, RDN Treasurer Vijay Goswamy **Executive Members** Mrs. Jaya Bahadkar Mrs Ratna Bhalla Mrs. Anu Gulati Mrs. Jyoti Gupta Dr Meena Jaiswal Mrs. Inesha Singh Joneja Mrs. Jessica Kalra Esq. Mr Narinder Kapoor Mrs. Beena Kothari Mrs. Nilima Madan Mrs. Roopam Maini Dr Anila Midha Mr. Niranian Patel Mrs. Nirmala Rametra Mr. Anuj Rihal. Mrs. Bina Sabapathy Mrs.Chanbir Kaur Sethi Mrs. Shammi singh Mrs. Rohini Singh Dr Bhavani Srinivasan Mr Sunny Thakkar Mrs. Anju Sharma Mrs.FloraParekh

Founding Member

Bobby Kumar Kalotee



## CONGRATULATIONS And Best Wishes To Indu Jaiswal

For

Unwavering resolve for outstanding community services

There is no limit to what we, as women can accomplish

## Congratulations to all the Honorees of the day for their unique accomplishments.

From

#### ARYA FAMILY FOUNDATION YASHPAL, URMILESH, MUKUL, NIDHI, AMIT, VISHAL,

"Women belong in all places where decisions are being made. It shouldn't be that women are the exception." - Ruth Bader Ginsburg भारत का प्रधान कौंसल न्यू यार्क



CONSUL GENERAL OF INDIA NEW YORK

February 14, 2023

#### MESSAGE

I am delighted to learn that the Indian American Forum would be holding its 12<sup>th</sup> Outstanding Women's Achievement Awards Gala on 5<sup>th</sup> March 2023. On this occasion, I convey my warm wishes to all its members. Over the years, IAF has made singular contribution to promoting women empowerment, and their initiatives are deeply appreciated.

In the digital age, women are scripting new paths of progress for us, both in America and India. As entrepreneurs, innovators, scientists and change-makers, they are meaningfully contributing to a harmonious and sustainable society. They, indeed, bring to us a high sense of optimism and confidence.

I wish the Gala all success. Happy International Women's Day.

(Randhir Jaiswal)



# 

## Women's Achievements Awards Gala

## **Chanbir Kaur**

Vice President, Branch Manager 8191 Jericho Tpke, Woodbury, NY 11797 516-367-2189x8830 Chanbir.kaur@dime.com



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Office of the County Executive 1550 Franklin Avenue Mineola, New York 11501



March 5, 2023

Dear Friends,

Please accept my warmest greetings and congratulations as we spend this evening together paying tribute to The Indian American Forum at their 12<sup>th</sup> Annual Outstanding Women's Achievement Gala. It is truly an honor to recognize their fine work, dedication, and commitment, which has made lasting and vital contributions to countless individuals and the entire community at large.

The Indian American Forum carries a tradition of caring second to none and is deserving and worthy of esteem of Nassau County. Their selfless service to the public has made a permanent and positive impact on us all.

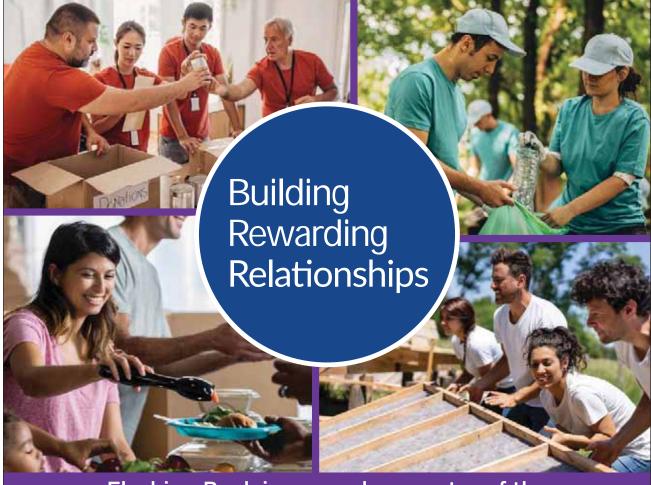
Ever since you opened your doors at Indian American Forum, your services have provided the community with education and outreach. Your mission is to better the lives of whomever you touch.

Congratulations on your fine work and devotion to the community as we celebrate 12 years of commitment and compassion coupled with dedicated culture-driven services that truly makes our world a better place.

Sincerely,

Bruce A. Blakeman County Executive





## Flushing Bank is a proud supporter of the Indian American Forum

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Congratulations to

#### Sandy Bhatia

Hicksville Branch Manager, Flushing Bank and to the other **Women's Achievements** award recipients

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#### Women of Character, Courage, Commitment & Accomplishments



### SANDY BHATIA

Sandy Bhatia is a seasoned and dedicated Vice President, Financial Center Manager with 39 years of experience in Sales and Management. Her exceptional leadership skills, unwavering commitment, and enthusiastic approach to work have led to consistent success throughout her career. While working for Citibank she acquired series 7, 6, 63, and 24 life and health licensees and is a proven leader in sales and management, with a strong commitment to her community and a deep appreciation for her family.

Sandy began her career as the founding Branch Manager of Citibank in Jackson Heights,

Queens, where she transformed an ATM center into a thriving full-service branch and successfully grew deposits to over \$500 million. Under her leadership, 13 staff members became Branch Managers, with one of them going on to become an Area Manager at another bank.

Currently, at Flushing Bank in Hicksville, Sandy has once again demonstrated her exceptional leadership skills by increasing deposits to over \$60 million in just three years. Sandy continues her role as Branch Manager in Hicksville and serves as South Asian Segment Manager for Flushing Bank.

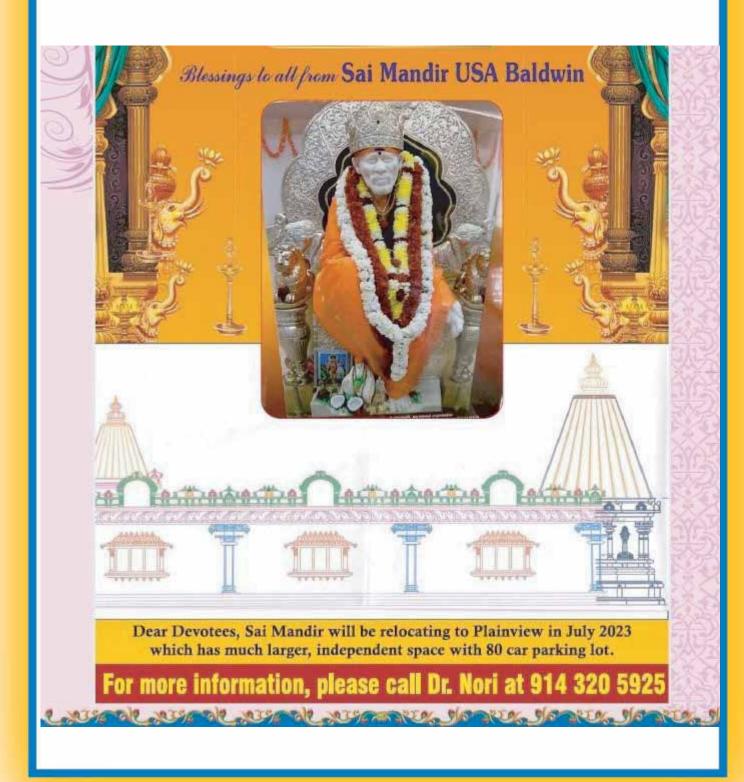
Sandy is highly regarded as a valuable member of the Long Island community and is a well-known pillar of Community in the South Asian community in New York. She is an active supporter of numerous community organizations and events and has received several awards for her support, including the Women's History Month award from Congressman Joseph Crowley in the city hall, the Jackson Heights Merchants Association, and the Gujarati Samaj, among others.

In addition to her professional achievements, Sandy takes great pride in her family, including her husband of 40 years, Bharat, who is her biggest supporter, and her two daughters, Tina and Nisha. She balances her professional success with her unwavering commitment to her family, which she holds in the highest regard.





# Sai Mandir USA Baldwin





## New York State Assemblywoman Jenifer Rajkumar

March 5, 2023

Dear IAF Friends,

As the first Indian-American woman elected to a New York State office, it is my esteemed pleasure to join you today for the 12th Annual Women's Achievement Awards Gala. The Indian American Forum is one of the foremost organizations promoting Indian-American women. The award I received at this very gala from IAF is an honor I hold dear. This year, IAF has once again organized a fabulous event. Indu Jaiswal, Shammi Singh, and the entire organizing committee have



brought together some of the most inspiring women leaders of our community to recognize their outstanding achievements.

Women's History Month is a time for us to celebrate the innumerable contributions of women throughout history. Tonight, I am proud to celebrate the diverse contributions of Dr. Parul Dua Makkar, Sandy Bhatia, Dr. Purvi Parikh, Nayana Brahmabhatt, and Vandana Jauhar.

One of the great women leaders in history, Shirley Chisolm, famously said, "If they don't give you a seat at the table, bring a folding chair." Each and every honoree tonight has worked hard to earn her seat at the table, and we will continue to make history and shape our nation and world.

I am wishing you a wonderful gala tonight celebrating the achievements and limitless potential of Indian-American women.

Very Truly Yours,

Jenifer Rajkumar New York State Assemblywoman 38th District



Congratulations

## ALL THE WOMEN HONOREES OF 2023 Lawels to

Indu Jaiswal And The IAF Team For Consistent Exemplary Community Outreach!!

From

# Dr. Bhavani Srinivasan MD MPH

President, GMC Alumni USA Inc Regional Director, AAPI Chair, Womens Affairs AAPIQLI Vice Chair, AAAC Nassau County JOSEPH SALADINO SUPERVISOR



OFFICE OF THE TOWN SUPERVISOR 54 AUDREY AVENUE OYSTER BAY, NEW YORK 11771 516-624-6350

March 5, 2023

Dear Friends,

My colleagues on the Oyster Bay Town Board are proud to congratulate the accomplished honorees of tonight's Indian American Forum (IAF) 12<sup>th</sup> Women's Achievements Awards Gala. This important event honors outstanding women for their distinguished community service, as well as their tireless support and advocacy on behalf of Long Island's Indian-Americans. We are excited for those being deservedly recognized and we extend our appreciation to the entire organization for the amazing work you all do. This event coincides with National Women's History Month celebrating women of character, courage, commitment and accomplishments.

We are so proud and commend the entire membership of IAF for orchestrating tonight's memorable program, beginning with my longtime friends, Event Chair Indu Jaiswal and Gala Chair Shammi Singh. Their exemplary efforts, combined with so many in attendance this evening, uplift the community of Asian Indians in America and promotes the cultural, secular heritage and values of India. It also furthers friendship and understanding with people of all cultural backgrounds and helps make the Town of Oyster Bay a great place to live, work and raise a family. You are all pillars in our community and true role models for others who will one day follow in your footsteps. You represent the gold standard of selfless community service, compassion and generosity.

My colleagues on the Oyster Bay Town Board and I wish tonight's honorees and everyone at IAF a very happy and joyous Gala and we look forward to all of your incredible achievements in the future.

Yours truly,

Joseph Saladino Town Supervisor



CONGRATULATIONS Nervene Brahmbhett For Well Deserved Award & Best Wishes to IAF on It's 12th Women's Achievements

Awards Gala

Friends & Family of Nayana Brahmbhatt

#### Women of Character, Courage, Commitment & Accomplishments



#### Nayana Brahmbhatt

446 Hungry Harbor Road Valley Stream, NY 11581

Community services

I am inspired by the preachings and teachings of my Late Guru, HDH Pramukh swami Maharaj, 'In joy of others, lies our own''In progress of others, lies our own'.

I believe in the selfless service to the society, guided by the code of conduct given by Bhagwan Swaminarayan. I truly enjoy helping people and doing good for the society.

Following are the areas where I have been blessed to provide my services

BAPS —-My best introduction is that,'I am a BAPS Volunteer'

BAPS is a worldwide religious, social, medical organization. I am involved with BAPS since 1989 and have volunteered in various capacity within the organization, including Community outreach, Public relations,

Hosting annual women's conferences,

Served in kitchen department and involved in training and nurturing the young girls and youth in Bal Balika and Kishori mandals , Diwali events and organizing picnics and anything else that is asked of me.

USTA. Tennis is my other passion Associated with USTA since 2000,

Have been a USTA volunteer at various tennis events,

Especially US open and have worked with kids' Tennis tournaments at Kids Day at Arthur Ashe stadium.

#### 5 TIA

Five town Indian association, active member since 1990,

Help arrange various social events and especially have taught children indian dancing and helped choreograph Indian dances and Garba for kids and adults at all their events.

#### Recognitions-

- 1. USTA Have been recognized by USTA , twice and have received awards for community services
- 2. Recognized By Nassau county legislature, office of community affairs , and was awarded certicate, for community services







Jaspreet S. Mayall and his Partners proudly support the Indian American Forum and join in honoring the 2023 Recipients of the Women's Achievements Awards



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Hon. Dorothy L. Goosby Deputy Supervisor

March 5, 2023

Greetings!

I am excited to share this evening with the Indian American Forum and tonight's honorees, as part of the 12<sup>th</sup> Women's Achievements Awards Gala. Thank you so much for the invitation to attend this highly anticipated event that celebrates the contributions of women.

I am extremely grateful for being offered the opportunity to express my heartfelt congratulations to this year's honorees, Dr. Parul Dua Makkar, Dr. Purvi Parikh, Sandy Bhatia, Nayana Brahmbhatt and Vandana Jauhar. Each of tonight's honorees have made a positive difference in the lives that they have touched. I applaud the hard work, unwavering compassion, and concern for humanity that each honoree has demonstrated. The world is a better place because of your selfless contributions and dedication to our township and communities.

Once again, please accept my best wishes and hearty congratulations to the honorees and the Indian American Forum for recognizing the value, character, courage, and commitment of these Phenomenal Women.

Sincerely,

Dorothy L. Goosby Deputy Supervisor





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NASSAU COUNTY LEGISLATOR ROSE MARIE WALKER 17th Legislative District



Legislator Walker Proudly Congratulates The INDIAN AMERICAN FORUM 12<sup>TH</sup> ANNUAL WOMEN'S ACHIEVEMENTS AWARDS GALA Honorees DR. PARUL DUA MAKKAR • DR. PURVI PARIKH ANDY BHATIA • NAYANA BRAHMABHAIL • VANDANA JAUHAR



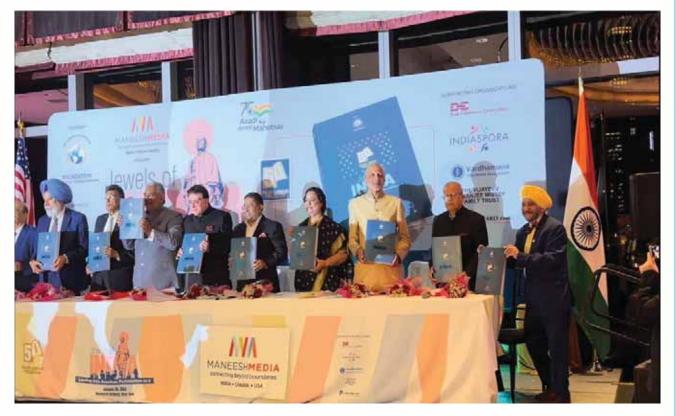
Celebrating Woman of Character, Courage, Commitment and Accomplishment





Congratulations to Bobby Kolatee, Shammi Ji & the team & wish them all the best for Women's achievement awards Gala

- Best compliments from Bagga Real Estate Group



Heartiest Congratulations Grandpa on being honoured as one of the Leading Indo American Personalities on January 28th, 2023 at Hotel Mandarin Oriental, Manhattan

With Love,

Gurbani, Sahiba, Jasnoor, Manveer, Jiya, Ajooni, Teghveer & Trishi (Twins).

March 5, 2023



Greetings:

The Indian American Forum, Inc. has played a significant role in advancing and highlighting the role of women, our cultural and secular heritage, and the values of India on this continent. The month-long celebration of Women's History Month, established in 1987, has given voice, after 100 years of exclusion, to women in the national narrative. The IAF is a notable part of this wonderful tradition.

It is my distinct pleasure also to celebrate Women's National History Month by honoring the generations of women and girls who through their strength of character and resilience, their creative energy and purpose have built our nation and become our heroes.

As the Town Clerk for the Town of North Hempstead, I am delighted to be invited to participate in this celebration and to share my message.

Today, I congratulate those women who each day make us proud. They have sprung from the roots buried deep in the soil, nurtured by family, enlightened by education, challenged by adversity, and embraced by our community. They have blossomed in the air and light of a new day and dawn and our future is with them.

The contributions to society are many, Science, Medicine, Law, Labor, Literature, Education, the Arts, Space Exploration, Government leadership. Whether local or global, the historic achievements of women should be shared, discussed, and celebrated and must be set as an example of all that is possible.

To the five extraordinary women who are honored this evening, Dr. Parul Dua Makkar, Sandy Bhatia, Dr. Purvi Parikh, Nayana Brahmabhad and Vandana Jauhar, I join with all our distinguished guests and friends in applauding your outstanding and notable achievements.

I extend my warmest wishes to the leadership of the Indian American Forum, Inc., Founder Bobby Kumar; Chairperson Indu Jaiswal and Gala Chair Shammi Singh and wish you all a memorable and successful 12<sup>th</sup> Annual Women's Achievements Awards Gala.

Sincerely,

Regent Seivastana

Ragini Srivastava Town Clerk



Vandana we love you so much and are so proud of you. you are Pillar of our family.



## Rajiv, Devina & Varun

#### Women of Character, Courage, Commitment & Accomplishments



## VANDANA JAUHAR

Born and brought up in Panipat, India, Vandana spent her childhood surrounded by an immense amount of music, art, and poetry. Her parents, Professor Jagdish Arora and Aruna Arora were both extremely passionate about music and education. Vandana would spend hours listening to her father practice everyday, enlist in every school and college competition (as early as the age of 3), and later on sang some of her own compositions for All India Radio. She graduated with a

masters degree in English literature from Kurukshetra University as well as Visharad in Indian classical music from Gandharv school of music.

Today, Vandana has written and composed many original songs accompanied by music videos, with her latest piece, a tribute to her mentor and father, released in December 2022. Her work is inspired by deeply intricate classical music and ragas that are rooted in years of history with a modern Western flair —intersecting music, poetry, art, and history.

She resides on Long Island with her husband Dr. Rajiv Jauhar and has two kids Devina and Varun who work at Netflix and Lazard, respectively.

In parallel to dedicating time to her passion for music, Vandana also completed her MBA from Adelphi University graduating Summa Cum Laude.

She spends most of her time working on new compositions, as well as managing her personal investment portfolio. Two new songs will be released soon, stay tuned!





## **Congratulations** Indu Jaiswal & IAF Team

on Women achievements Awards Gala

And

## **Best Wishes to the Honorees**

Nayana Brahmbhatt Dr. Parul Dua Makkar Dr. Purvi Parikh Sandy Bhatia Vandana Jauhar

## K. L. Sardana & Family

A Port



# CONGRATULATIONS AND BEST WISHES TO ALL THE HONOREES

Nayana Brahmbhatt Dr. Parul D. Makkar Dr. Purvi Parikh Sandy Bhatia Vandana Jauhar

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# Congratulations

## *to the Honorees on their remarkable accomplishments*

&

## Indian American Forum for the Women's Achievements Gala

Dr. Azad Anand Dr. Nutan Anand

Board Of Trustees Indian American Forum



# Congratulations to all the esteemed honorees for their outstanding achievements!

## Congratulations to Indian American Forum on the Women's Achievement Awards Gala!!!



## Prachi Dua MD, MPH

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## Indian American Forum for Women's Achievements Awards Gala

















Ilya Badalov MD





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Women of Character, Courage, Commitment & Accomplishments

#### Dr. Parul Dua Makkar



Oral Health is the gateway to overall health. Studies have linked poor oral cancer to increased risks of Stroke, Dementia, Alzheimers, Cardiac risks, Diabetes and even Cancer Over the last few decades there has been increased risk in Oral Cancer due to known risk factors such as smoking, vaping and tobacco use. However the increased rates are due to the HPV (Human Papilloma Virus).

Dr. Parul Dua Makkar is a winner of the Denobi Awards, LI Excellence in Healthcare Award, Power Woman of Long Island and also Outstanding Women by the Indian American Forum for her role in helping and educating about Oral Care.

She has contributed to several scientific journals, presented to her colleagues in US and Canada as a speaker. Has been featured in several podcasts including her own, Life Interrupted Dr. Dua's Survival Guide Podcast companion. She is the co author of the award winning book, Life Interrupted, Dr. Dua's Survival Guide. She has been interviewed and feature by Katie Couric Media and Prevention Magazine, where she discusses importance of Oral Care and how it links to overall health.

Dr. Parul D Makkar believes in having open, honest conversations with her patients. She believes in a patient centric care and it is important for her to be working with other health professionals in the best interest of the patient.

Dr. Parul D Makkar has treatment services for adults and children. She believes in having open, honest conversations with her patients. She believes in a patient centric care and it is important for her to be working with other health professionals in the best interest of the patient.

The services provided by Dr. Parul D Makkar at **PDM Family Dental.** (295 N. Broadway, Jericho, NY 11753) includes: *Examinations, Oral Cancer Screening, Fillings, Cleanings - Periodontal treatment, Root canals, Implants, Bridges, Dentures, Extractions, Sleep Apnea, Cosmetic Dentistry, Crowns, Veneers, whitening etc.* 





# Congratulations The Honorees & Indian American Forum Team

## Vandana & Arun Govil





## Congratulations Indu Jaiswal IAF Team & Honorees

## on Women's Acheivements Gala

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#### Women of Character, Courage, Commitment & Accomplishments



### **PURVI PARIKH**

Purvi Parikh, MD, FACAAI, FACP is an allergist and immunologist at Allergy and Asthma Associates of Murray Hill. She is currently on faculty as Clinical Assistant Professor in both departments of Medicine and Pediatrics at New York University School of Medicine. Dr. Parikh has published articles in allergy, asthma, and immunodeficiency syndromes in various peer reviewed journals and textbooks.

She is a champion and spokesperson for the United Nation Foundation's vaccine initiative Shot@life and has traveled on their behalf to Zambia.

She is also a national spokesperson for the Allergy and Asthma Network which is the leading patient advocacy group for patients and their families who suffer from life threatening allergic and immunologic conditions. She frequently makes appearance as a medical expert on their behalf to NBC, FOX, CNN, Wallstreet Journal, CNBC and CBS. She also regularly contributes to numerous print magazines and other publications.

She has been passionate about health policy since she was a medical student and sits on committees for American Medical Association and Board of directors of the advocacy council of the American college of allergy asthma and Immunology. She travels to Washington, D.C. multiple times per year to influence policy, testify before the government, and advocate for her patients.

During the pandemic, in addition to taking care of patients, she is an investigator/researcher in three (Pfizer, Astra zeneca, and Sanofi) of the Covid-19 vaccine trials at NYU Langone Health's vaccine center. She also is part of the NIH - Momivax trial which studies vaccine safety in pregnant and breastfeeding moms and their babies. She is also now involved in covid long haul research. Since the early days of the pandemic, Dr Parikh has volunteered her time on a daily basis to tirelessly fight misinformation at the grassroots level through community organizations, in the local and national media, social media, and alongside government officials such as the surgeon general, Dr. Vivek Murty, Immunologist Dr. Anthony Fauci, and the US department of health and human services.

She was the youngest president of the New York Allergy and Asthma Society in 2018. She was recently named in Emory University's 40 under 40 class. She recently received the most distinguished young physician award from the American Association of Physicians of Indian Origin for 2020-2021 due to her work in vaccine research and on the front lines of the global pandemic. She also received the Dr. I A Modi award in the young physician category for achieving excellence in Medicine in February of 2021 by Global Association of Physicians of Indian Origin.

She is currently the chair of Medical Society of New York's Young physician section as well as an AMA young physician delegate.





Congratulations to all the Honorees for your enormous contribution to the society

Shammi Singh

Judgee Singh

#### Women of Character, Courage, Commitment & Accomplishments

### Young Achiever



### **RIA PARASHAR**

Ria Parashar has been an active member of CH3, Long Island. An active arm of Children's Hope India started by high school students to help underprivileged children on Long Island. Their mantra is Children helping

Children.She has been active in organizing Walkathons, Bikeathons in addition to participating in Turkey, warm clothing and Toy distribution during the holidays. Money raised at events has helped children from Shelters in Nassau County attend summer camp. In addition Ria has volunteered for organizations that care for children with special needs.She is currently a freshman at NYU pursuing a career in Health care. Her hope is to continue helping the less fortunate.





# **Congratulations** Indu Jaiswal Indian American Forum 8 Honorees of Women's Achievements Awards **Best Compliments from: Renu & Amba Sharma** Share UR Blessings Foudation





#### \*Barefoot Empress\*

follows the remarkable journey of **Karthyayani Amma**, who, having never had access to education as a girl, finally gets a chance to join a first grade class at 96 years of age. Will she pass the final exam?

#### \*Barefoot Empress\*

is a love letter to never giving up on your dreams, while also shining a light on the lack of educational opportunity for girls in certain parts of India.

#### \*Barefoot Empress\*

Inspired by a non-profit organization Leap to Shine named Amma a Global Ambassador and pledged to educate 5 million girls in India.



Written & Directed by Michelin Star Awarded Chef Vikas Khanna Produced by Oscar Nominated Doug Roland.



Contributed by Dr Renee Mehrra







Congratulations Dr. Parul Dua Makkar Dr. Purvi Parikh Vandana Jauhar Nayana Brahmabhaat Sandy Bhatia

We are proud to recognize these women of achievement during the IAF Women's Achievements Awards Gala

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## CONGRATULATIONS

Indu Jaiswal for Women's Achievement GALA

& the Honorees for their achievements



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## **Congratulations to**

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#### **HEARTIEST CONGRATULATIONS & BEST WISHES**

to Indian American Forum & Team, Supporters, Vol unteers, and the Organizing Committee for their Great work in Uniting, Strengthening and Empowering the Community and Honoring Women for their Accompl ishments.



## CONGRATULATIONS TO ALL

## THE HONOREES

BEENA KOTHARIe-PRO, CDPE, CBR, ABR

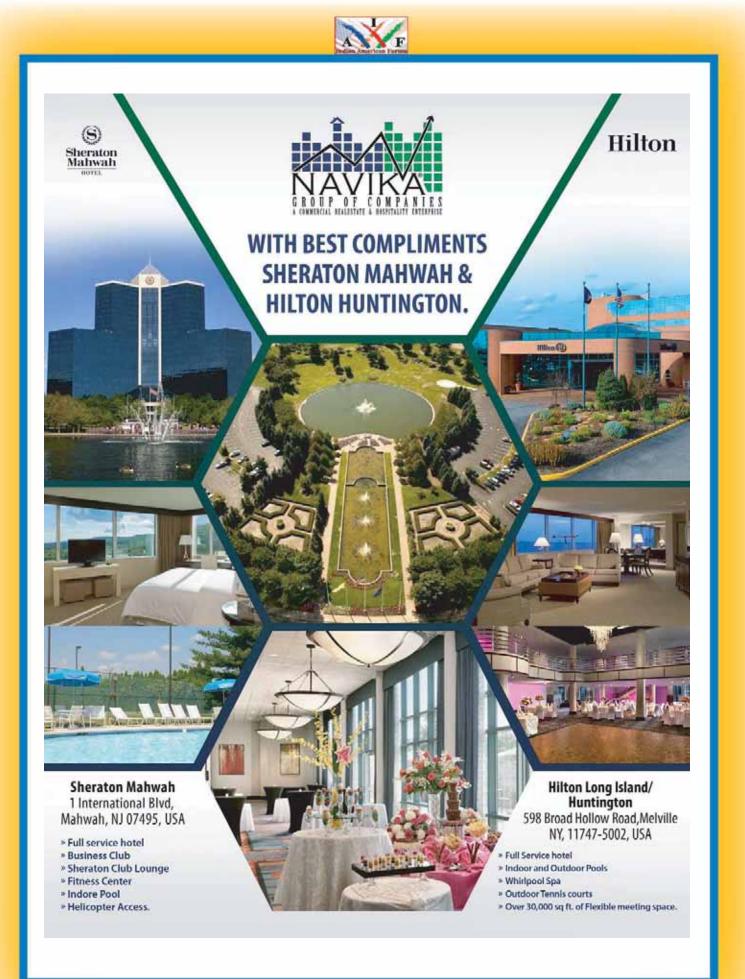
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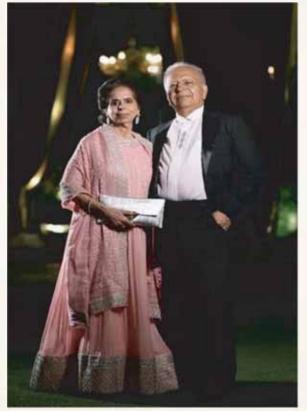




## Congratulations Indu Jaiswal

## **IAF Team & Honorees**

on Women's Acheivement Gala



## With Best Wishes Rekha Chichara Jitendra Chichara

## Glimpses of 2022 IAF GALA





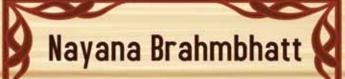
# **Congratulations** Indu Jaiswal Indian American Forum **& Honorees of** Women's Achievements Awards

Best Compliments from: Dr. Prem and Shashi Goel



# CONGRATULATIONS TO ALL THE HONOREES

## For their selfless work for the Community



Dr. Parul Dua Makkar

Dr. Purvi Parikh

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# Congratulations

## to the Honorees on their

## remarkable accomplishments

& Indian American Forum for the Women's Achievements Gala

Elizabeth Dalal Pessala & Family



# **Congratulations** TO ALL THE HONOREES

NAYANA BRAHMBHATT DR. PARUL D. MAKKAR DR. PURVI PARIKH Sandy Bhatia Vandana Jauhar

8

BEST WISHES TO INDIAN AMERICAN FORUM

Dr. Budhdev & Dolly Manwar



# Congratulations to the Honorees of Women's Achievements Awards & Indian American Forum for your Service to the Community

## Surinder & Nirmala Rametra

Board of Trustees Indian American Foram





## Arya Samaj of Long Island Congratulates

all the Honorees

Nayana Brahmbhatt Dr. Parul Dua Makkar Dr. Purvi Parikh Sandy Bhatia Vandana Jauhar

for their achievements with Best Wishes from Board of Trustees & Executive Committee



## Heartiest Congratulations to all Honorees

" Leadership is hard to define and good leadership even harder. But if you can get people to follow you till the end of the Work, you are a great Leader".

Indira Nooyi, Former CEO PEPSICO

With Best Wishes from:

## **Jaiswal Family**

Sudhir and Indu Niten, Rishi, Aman and Rian Riten, Michele, Mia and Kieran

## Glimpses of 2022 IAF GALA





### Indian American Forum Senior Program

Indian American Forum meets every fourth Tuesday of every month at the Bethpage community Senior Center, at 103 Grumman Road, Bethpage, NY.

All are welcome to join us and enjoy the day with other seniors. It is coordinated by the panel below.

Mrs Nirmala Rametra Anu Gulati Vijay Goswamy Beena Kothari Bina Sabapathy Sujata Seth



## Glimpses of 2022 IAF GALA



## **Glimpses of 2022 IAF GALA**















## The Board of Directors

of

Indian American form and members

want to thank all

sponsors, Media and media partners

for their continued support.

T hank Y ou



**Trustees and Board of Directors** of Indian American Forum want to thank all The committee members and volunteers for their un relentless services and support T hank Y ou





Vijay Goswamy



Sanju Sharma

Editor's Note

On Behalf of Indian American Forum, we Extend a warm Welcome to you all.

IAF is not for profit organization of Asian Indians in America to Promote the culture, heritage and secular values of India as far as the furtherance of friendship and understanding with people of other cultural backgrounds.

The successful creation of this journal would not have been possible without the help of individuals who graciously offered time, energy and resources. We highly appreciate the support and encouragement of IAF Chair Person Indu Jaiswal ji. We are also thankful to Flora Parekh, Beena Kothari, Roopam Maini, Anju Sharma and all the members of IAF Committee for their support.

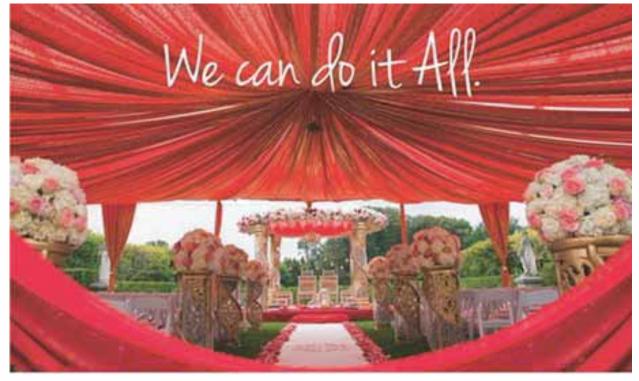
Congratulations to all the Honorees & Awardees for their remarkable accomplishments.

We are grateful to our sponsors for their support.

Warm Regards Vijay Goswami and Sanju Sharma

\*\* We have tried our best and taken possible extreme care in presenting this 12th Gala Journal, if there are any errors or lapse, please forgive us.\*\*





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#### **Our Honorees from Past Years**

#### 1<sup>ST</sup> Gala 2012

- 1. Chanbir Kaur
- 2. Levina Malwani
- 3. Satya Pradeep
- 4. Sangeeta Sharma

#### 2<sup>nd</sup> Gala 2013

- 1. Bharti Desai
- 2. Dr. Dina Pehlajani
- 3. Debra Misir

#### 3<sup>rd</sup> Gala 2014

- 1. Pandit A. Tripti Mukherjee
- 2. Dr. Chhaya M. Patel
- 3. Sunita S. MUkhi
- 4. Swati Vaishnav
- 5. Linda Mangano

#### 4<sup>th</sup> Gala 2015

- 1. Meena Malhotra
- 2. Anita Kwatra
- 3. Roopam Maini
- 4. Dr. Sudha Mukhi
- 5. Harvinder Bhatia

#### 5<sup>th</sup> Gala 2016

- 1. Judy Bosworth
- 2. Dr. Manjeet Chadha
- 3. Jyoti Gupta
- 4. Sunita Sadhnani
- 5. Dr. Runi Mukhraji Ratnam

#### 6<sup>th</sup> Gala 2017

- 1. Kalpana Patel
- 2. Ranju Batra
- 3. Dr. Binita R. Shah
- 4. Madline Singas

#### 7<sup>th</sup> Gala 2018

- 1. Jasbir 'Nami' Kaur
- 2. Dr. Isha Mehta
- 3. Pinky Rangi
- 4. Reema Rasool

#### 8<sup>th</sup> Gala 2019

- 1. Sonia Bain
- 2. Manju Saluja
- 3. Ushir Pandit
- 4. Dr. Subhadra Nori
- 5. Sylinthia Burges

#### 9<sup>th</sup> Gala 2020

- 1. Dr. Parachi Dua
- 2. Dr. Saroj Shah
- 3. Aashmeeta Yogiraj
- 4. Hon Judge Elizabeth Pessala
- 5. Prof. Francesca Cassio

#### 10<sup>th</sup> Gala 2021

- 1. Laura Curran
- 2. Jennifer Rajkumar
- 3. Roopal Patel
- 4. Dr. Nirmal Khurana
- 5. Dr. Angelish Kumar

#### 11<sup>th</sup> Gala 2022

- 1. Nisha Kumar Behringer
- 2. Kalpana Bhandarkar
- 3. Neeta Bhasin
- 4. Dr. Priti Mehta
- 5. Beena Kothari
- 6. Ragini Srivastava.

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