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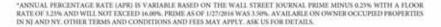
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Message from the Chairperson

Today's women are playing several roles of being a professional, a housewife, a mother, a sister and of course a true friend. And across the globe, we have numerous examples of woman currently holding highest position in all aspects of Business Environment that includes Healthcare, Media, and Politics, corporate and Finance... In modern India, women have adorned high offices including that of President, Prime Minister, and Speaker of Lok Sabha and so on

March is women's History month, On Behalf of the board of Directors of Indian American Forum; I would like to welcome you to our Fifth Outstanding Womens Achievements Gala as part of Womens History Month celebration. The Board of Directors of the Indian American Forum Inc. recognizes the contributions made by distinguished members of the Indian American Community in the Tri state area. The dedication, fortitude, and compassion of our distinguished members have been an inspiration to our community.

Congratulations to all our Honorees and Guests of Honor. My sincere thanks and appreciation for all the hard work, dedication and commitments of the coordinators of Indian American forum and Board members, supporters and sponsors, not only for this event but also for all the hard work throughout the year. We are deeply honored that you have chosen IAF as an organization worthy of your support. Without you we could not continue to offer these vital services for our seniors and other programs. I also want to thank my husband Sudhir and my whole family for their continued support.

Indu Jaiswal RDN CDN Chairperson

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Jyoti Gupta for her Contribution & devotion to Indian Community .

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I would like to Congratulate All the Women being honored today at the 5th Annual Womens Gala on Long Island.

Women make an important contribution in the lives of so many people. They are ones that knit the social and cultural fabric of any society and the women being honored today have played an important role in doing that. Indian culture is very important and distinctive. Indian heritage is of great significance today and can help bring many solutions to the problems the World is facing today!

We are being recognized in the West for our culture and it is being

channeled into the daily lives of American people as well through our help. The more we share our culture the more we receive back from our society.

Thank you Indu Jaiswal in setting up this forum to recognize the many contributors in our society.

Good luck and God Bless! Vandana Govil



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Office of the County Executive 1550 Franklin Avenue Mineola, New York 11501



March 24, 2016

Dear Friends

Please accept my warmest greetings and congratulations as you gather to celebrate the Indian American Forum's Annual Outstanding Women's Achievements Awards Gala. I am grateful for the opportunity to recognize the fine work of this organization and the 2016 Award Recipients.

The Indian American Forum has established a distinguished record of excellence, working diligently on behalf of causes and ideals, which uphold the principles of human decency and brotherhood.

This wonderful organization is deserving and worthy of the esteem of Nassau County for their selfless service to the community, which has made a permanent and positive impact on us all.

This year's event gives us the opportunity to recognize the achievements of tonight's guests of honor and to all of you who have worked toward forwarding the goals of this fine organization throughout the year.

Best wishes for continued success in all your endeavors.

Sincerely,

Edward P. Mangano County Executive



Dear Friends -

On behalf of our North Hempstead residents and the Town Board, I am proud to salute the

INDIAN AMERICAN FORUM

on the occasion of their 4th Annual Outstanding Women's Achievements Gala.

I applaud your efforts to enhance our community through philanthropy, fundraising, and

advocacy.

udi Bosworth

Best wishes,

Supervisor Judi Bosworth



JUDI BOSWORTH Town of North Hempstead Supervisor





JUDI BOSWORTH took office in 2014, as the 37th Supervisor of the Town North Hempstead, following six years with the Nassau County Legislature as the representative for the 10th District and 16 years serving the Great Neck School District Board of Education. Supervisor Bosworth was re-elected to her second two-year term in November 2015.

Throughout her career in public service, Supervisor Bosworth has forged strong working relationships with

federal, state, town, village and school officials and has distinguished herself as a consensus-maker and leader. She has always shown a strong commitment to public works and capital improvement projects, public safety and emergency management, environmental protection and restoration projects, transparent and open government and fiscally-conservative budgeting.

As Supervisor representing more than 230,000 residents, the priorities of Supervisor Bosworth's administration include improving customer service throughout the Town, with a focus on providing excellent customer service at the Town's Building Department; enhancing recreational programming for young families; continuing to develop the Town's already robust senior citizen programming, and taking the "Yes We Can" Community Center to the next level with improved and expanded programming. Supervisor Bosworth is also working to strengthen the environmental protection of our sole source aquifer and restoring our shorelines to their original healthful condition and splendor.

Her call for openness and honesty in government is evidenced in the delivery of the Town's budget before Election Day, live streaming of all Town Board meetings; on-line accessibility of all major Town budgets, minutes and other documents and urging more public participation by scheduling a 30 minute public comment section at the start of each Board meeting.

Supervisor Bosworth served as a Trustee of the Board of Education of the Great Neck Public Schools, serving as President, Vice-President and Board Liaison to the Great Neck Senior Center. Supervisor Bosworth was former Assemblyman Thomas P. DiNapoli's Special Projects Coordinator. In that capacity she was instrumental in bringing governmental and health services directly into the community.

A former New York City Public School elementary teacher, Supervisor Bosworth received her Bachelor's and Master's Degrees in Early Childhood Education from City University of New York at Queens College. The Supervisor and her husband, Dr. Jay Bosworth, reside in Great Neck. They have two adult children, Brian, a physician, and Michael, an attorney. Brian and his wife Lauren, an attorney, have two children, Andrew Benjamin and Robin Elizabeth.

Or. Jang Chaddha Congratulates

Indian American Forum

&

all the Honorees

of

Outstanding

Womens Award Gala

DR. MANJEET CHADHA for dedication in Medicine and Community Services





DR. CHADHA is Professor of Radiation Oncology at the Icahn School of Medicine at Mount Sinai, and the Director of the Department at Mount Sinai Beth Israel. She also served as the Director for Breast and Gynecologic Cancer Programs for Radiation Oncology at Continuum Cancer Centers of New York. Dr. Chadha is a Fellow of the American College of Radiology, and Fellow of the American Society of Radiation Oncology, an honor bestowed on highly select Oncologists' in America. More recently, motivated by the rapidly changing

landscape of healthcare she understands the importance of being part of that change and influencing the healthcare delivery of tomorrow. In 2016, Dr. Chadha will graduate with a Master's in Healthcare Administration from the Mailman School of Public Health, Columbia University.

Dr. Chadha received her medical education in India. Graduating at the top of her class from Amritsar Medical College, she pursued post-graduate training in Radiation Oncology at Memorial Sloan-Kettering Cancer Center in New York. Her clinical and academic interests focus on the management of breast and gynecologic malignancies. Dr. Chadha has received several grants for conducting outcomes research in women's cancers. She has authored over 140 peer-reviewed articles, abstracts, book chapters and invited articles. She is a frequent speaker at national and international academic venues.

Since 2006, Dr. Chadha has been elected to the Best Doctors in America, and Top Oncologist in America. She has also been listed in Castle Connolly's list of America's Top Doctors. Dr. Chadha is an active member of the Medical Advisory Committee of the Komen Foundation, and member of Health Volunteers Overseas. She has also served on the Manhattan Regional Board of Advisors of the American Cancer Society.

Dr. Chadha is recognized as a leader for her contributions to patient care, clinical research, medical education, and service beyond duty. However, from her perspective she states, "no privilege and honor is greater than the opportunity to care for and be touched by many thousands of courageous women in the face of cancer. My patients have taught me some of the most lasting life lessons!"

On a personal note, she is most grateful to be surrounded by her wonderful, loving, and caring family and friends. Like any other daughter, wife, and mother she shares in the same dreams of womanhood!

Congratulations to Jyoti Gupta

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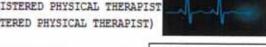
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JYOTI GUPTA for dedication in Music and cultural Promotions





JYOTI GUPTA born in Bhatia family in Kotaon. As I was born after 6 years of my parents marriage, they showered all their love on me.. Father was half Sikh and mother is Aryasamaji. Married to Hargovind Gupta an IT professional. Have two sons the older one is third year resident in Radiology and the younger one is

graduate in Finance.

Since childhood very active in social and cultural activities which included singing Shabads, acting, dancing, comedy and helping others. Learned Tabla and Classical Singing as child. Very active in NCC, was selected state level horse rider for Republic Day parade national competition. Completed national level trekking competition.

Received first class first Masters in Political Science degree from Jabalpur University. After migrating to USA completed data processing degree. Started working career in wall street but due to long hours quit the job to spend quality time with my young sons. Was entrepreneur in travel business for many years. After that quit the business to follow my passion for music and social work. I was president for Adabi Sangam., a literary and cultural organization..Founder of lots of musical groups to give platform to people who love music. Pioneer in karaoke and started various groups. Member of different organizations like AIA and executive Member, of IALI. Chair Person of Sangeet Forum. Recorded more than 2500 songs on You Tube originally sung by Lata Mangeshkar. Love to sing her emotional songs and enjoy performing on volunteer basis especially for seniors. Very willing to share my knowledge of Karaoke singing with other music lovers.



Congratulates

Indian American Forum

&

all the Honorees

of

Outstanding

Womens Award Gala





SUNITA SADHNANI started her career as a trader in the financial sector after coming to the Unites States with a Masters in Economics and Political Science

She excelled on the trading floor and won many accolades in her field. She always remained an asset to her employers . After 20 years of dedicated service, in the financial sector, she resigned to pursue her passion for the "Arts".

In 2006 she founded "Bollywood Performing Arts, Long Islands first ever entertainment and dance studio to promote Indian traditional and bollywood dance. Being a Kathak dancer herself, she realized this tradition was missing in her community.

On this journey of performing arts and dance, she discovered her intellect with , creating and designing events. Bollyarts became an integral part of events in the community and surely so did she .. She then began planning events using her acclaimed dancers for entertainment and outside decorating vendors to execute her design visions. With that passion she founded "Glamorous Event Planners.

Sunita saw a vision, not only to provide her community with a place for adults and children to learn cultural dance, she saw an opportunity to combine both companies to create the most memorable event anyone could ever dream of. She has managed thousands of events since starting both companies. Sunita sees events as a blank canvas to fill with her client's personality. She takes a 360 degree approach to planning that feels more like a theatrical production rather than just an ordinary event. Her repeat corporate and socialite clientele attest to her ability to create unique event experiences no mater what the celebration or budget.

Sunita is a member of many event and bridal associations, and stays on top of industry trends by regularly attending national conferences. She is also a member of the Jericho Sunrise Rotary Club. She is also an accomplished singer.

Ratnam family congratulates all the outstanding Indian women in Long Island that are being honored today.

30

53

90

We are grateful for the executive committee leaders Indu Jaiswal and Bobby Kumar Kalotee for hosting the event.

Romola and Basudev are proud of their mother's achievements and contribution to indian community.

Dev, Romola and Basu Ratnam

RUNI MUKHERJI RATNAM

OUTSTANDING VOMEN

for dedication in education and Social Services



B. RUNI MUKHERJI-RATNAM did her undergraduate and graduate education at the Indian Institute of Technology (IIT Kharagpur and IIT Bombay) in Theoretical Physics. She is also an alumna of Stony Brook University, where she did her Ph.D. in Cognitive Psychology. She is Professor of Psychology in the Department of Psychology, State University of New York at Old Westbury. She has served as its Chair for almost a decade.

Dr. Mukherji-Ratam's strong sense of connection with both the country of her birth (India) and the country of her residence (America) guides almost everything she does, both professionally and in the community. Her area of expertise is in the area of cross cultural issues in illness and wellness. She has been actively involved for many years with the, with the Center for the Study of Asian American Health (CSAAH, Langone Medical Center, New York School of Medicine), Center for Immigrant Health, the Montefiori Medical Center, as well as the University Hospital at Einstein College of Medicine. Most recently she is working with health disparities in diabetes and cardiovascular illness in immigrant populations. With her colleagues, she is currently in the process of developing certifications and degree programs in Gerontology.

Runi is President of the South Asian Council of Social Services (SACSS), a not for profit organization that she has been involved with since its inception, fifteen years ago. SACSS was founded to address the barriers to social services that are faced by the fast growing South Asian community. SACSS provides support, programming, and advocacy in the areas of health care access and prevention, services for Seniors, parent education, as well as a variety of programs related to English, computer, and financial literacy. SACSS has received awards from the Union Square Foundation, by The Robin Hood Foundation, and the Gopal Raju Community Service Award among others.

Runi wanted share the richness of her Indian heritage with her children. This led to the founding of the Young Indian Culture Group, YICG, a not-for-profit group dedicated to developing, maintaining, and strengthening an identity and sense of pride in Indian culture and heritage. YICG offers classes through classes in language, literature, history, and the fine arts, as well as developing materials and curriculum which can serve as resources to the wider community. YICG was started nearly two decades ago with a handful of children, and now has over 400 students from as young as three to high school seniors, some 40 faculty and an ever-expanding community of adults who have developed book clubs, badminton, and choral and musical activities. She continues as a Trustee and Board Member of YICG.

Dr. Mukherji-Ratnam lives in Oyster Bay with her husband, Dr. Dev Ratnam. Their daughter, Romola is Director of Corporate Programming at UNICEF, and their son, Basudev, recently opened INDAY, a fast-casual restaurant in Manhattan.



Congratulations

Indian American Forum

&

all the Honorees

for their

contributions

to the society

from

Dr. Jang Chaddha







OFFICE OF THE SUPERVISOR

TOWN OF HEMPSTEAD ONE WASHINGTON STREET HEMPSTEAD, NEW YORK 11550-4923 516-B12-3255 + ASANTINO@TOHMAIL.ORG + ₩@HEMPSTEADTOWN

March 24, 2016

Indian American Forum 5 Bayberry Avenue Garden City. New York 11530

Friends

My good friends in the Indian American Community have contributed greatly to the cultural tapestry we celebrate in the Town of Hempstead. The dedicated members of Indian American Forum have been noble ambassadors for the efforts and contributions of their members.

In commemoration of the nation-wide "Women's History Month" Celebration, the Indian American Forum is presenting its "5th Annual Outstanding Women's Achievements Awards." This prestigious event echoes the impact and importance of those outstanding women who portray character, courage, commitment and accomplishment in their daily lives.

Hempstead Town is indeed privileged to be an invited participant in festivities surrounding the "Outstanding Women's Achievements Awards." In all walks of life and all avenues of society, women are providing inspired leadership and invaluable contributions. Today's event spotlights remarkable women from our town and county region.

Heartfelt congratulations to all of today's honorees and warmest regards to the trustees and members of the Indian American Forum. The Town of Hempstead proudly lends its voice to the chorus of admirers, saluting women of achievement on the local, regional and national levels. For the women who have already left their mark on society to the women who will influence the course of our future, we share respect and admiration.

Sincerely.

Supervisor

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Congratulations to All The Outstanding Women Being Honored For All Their Acheivements



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MFFRA T. GANDHI

for dedication as Humanitarian and Social promotions





MEERA T. GANDHI is the CEO and Founder of The Giving Back Foundation. She is an International community leader, committed humanitarian and philanthropist dedicated to solutions to human suffering and deprivation around the globe. The Foundation is based in NY and also has offices in India, HK and London. Transformational Education of the girl child is the primary mission of the Giving Back Foundation.

The second arm is to act as a platform for positive dialog and debate for young people to promote positive social change.

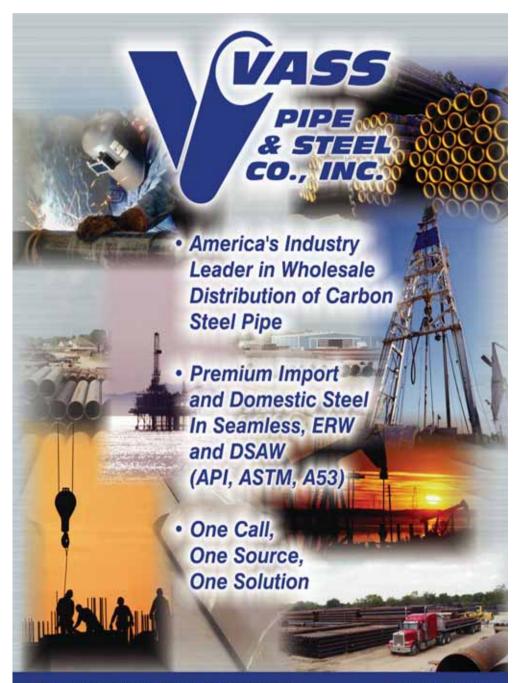
The three arm announced this year is the spiritual arm "the mindfulness". To the end - a yoga all day camps will commence on 17th July 2016 in upstate NY, moving to other destinations in the USA, India and across the globe.

The Giving Back Foundation supports many entities with scholarships and grants which have been very carefully selected, and most often with 5-year commitments. The children of St. Michael's School in India are being provided with meals on a daily basis and have had their entire school and its grounds refurbished as part of the 5-year commitment of The Giving Back Foundation.

The Giving Back Foundation and Meera Gandhi have received numerous awards over the year from all over the world. But most recently - She has received Humanitarian award of the Year from the Mayor's office of the City of NY in 2015, The Ellis Island Gold Medal Award in 2015, the Marc Anthony Maestrocares Humanitarian award in 2015 which President Bill Clinton was award last week in February of 2016.

The Giving Back Foundation themselves award cash, grants and and honorariums to teenage students at The Eleanor Roosevelt Leadership Center program on an annual basis; immigrant college students from South Asia are awarded annual grants for their studies at Bernard Baruch in New York City, and a 5-year commitment to the Woodstock Film Festival includes annual honorariums and Giving Back Awards to people involved in filmmaking whose work serves to cause social change. The newest program 2016 in - is with NY Police Department afterschool reading and sports program through The Hip Hop Summit Foundation. These are just a few of the programs that the Giving Back Foundation supports, always in a personal and hands-on commitment from the Foundation. Not one sponsorship has been awarded without the personal involvement on the part of the Foundation's chief executive officer Meera.

Meera Has been involved in charity work for a quarter of a century and her motto is "We are to the Universe only as much as we give back to it".



Today as we honor some amazing women, let's also take a moment to pay tribute to a man who always believed in the full capacity of a woman's strength. Mahendra K awatra supported and stood by many women in all walks of life, from his wife, to his daughters and granddaughters, to his colleagues and students, as well as many of the women among the I ndian A merican Forum. His support, advice and constant encouragement has helped so many women achieve their goals successfully and we owe a debt of gratitude to him.



Mrs. & Mr. Kawatra

Congratulations

Indian American Forum

&

all the Honorees

for their

acheivements

from

K L Sardana and Family
Roslyn Heights NY





Hon. Dorothy L. Goosby

Town Hall Plaza 1 Washington Street Hempstead, N.Y. 11550 Ph: 516-489-5000 Ext. 4304 Fax: 516-465-6514 Email: deoosby@tohmail.org

March 24, 2016

Greetings!

Congratulations on the occasion of your 5th Annual Outstanding Women's Achievements Awards Gala in celebration of National Women's History month.

This year's Women's History month theme honors Women in Public Service and Government. Although women have often been overlooked and undervalued, they have been a collective voice in influencing public policy and strengthening organizations and institutions. Many of these women have succeeded against great odds.

The honorees for this evening's program have each exhibited strength of character, courage and remarkable achievements. I commend your compassion and dedication towards the betterment of your community. I thank you for being exemplary role models for future generations.

I extend my heartfelt congratulations to each honoree. May you each continue to "Make a Difference" in each life that you touch.

Respectfully,

Hon. Dorothy L. Goosby Senior Councilwoman



to

Indian American Forum

and all the

Honorees

From
Shashi Anand
&
Shammi Singh





OFFICE OF THE TOWN CLERK NASRIN G. AHMAD Town Clerk

One Washington Street Hempstead, NY 11550 Tel: (516) 812-3046 email: nahmad@tohmail.org

March 24, 2016

Dear Friends:

I am delighted to recognize women of great character and accomplishment at the IAF's 5th Outstanding Women's Achievement Awards Gala. My highest praise goes out to all the honorees, members, trustees and executives at this momentous event.

The IAF, as part of National Women's History Month, is showcasing the contributions of women who have dedicated themselves to making a difference and improving lives. I commend this fantastic organization for recognizing women's achievements and sharing these feats with people from all walks of life.

I am privileged to salute all of tonight's honorees for their continuous efforts to educate others and help our community. Their efforts, supplemented by the support and commitment of all those in attendance for this event, are worthy of the highest praise and admiration for the positive impact they have on each of us.

Once again, please accept my congratulations for years of successful public service and for another amazing Outstanding Women's Achievements Gala.

Sincerely.

NASRIN G. AHMAD Hempstead Town Clerk



Presentation by Valerie Shivers, esq. on Wills and Estate planning at Bethpage Community Center



Oyster Bay Enrichment Center



Fostering mutual understanding through its socio cultural activities - secular heritage and Indian values

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Mrs. Jessica Kalra, esq.

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On behalf of Indian American Forum, we want to thank everyone for supporting and participating in Senior Programs. We want to thank Jeanne Paff. Coordinator at the Center, Sunita Sadhnani, Dr Mohan Wanchoo, Dr Narendra Hadpawat, Dr T K S Rao, Dr Vinod Gulati, Dr Arun Agrawal, Dr Shashi Jhamb, Ms. Rita Batheja, Dr Subhadra Nori, Mercy Jaiswal. Jvoti Gupta, Dr Saniay Sahai, Dr Arun K Agrawal, Dr Satish Anand, for participating and giving lectures in different health related topics and entertainment fields. Please share with your friends and family and encourage them to attend these useful programs

Please Contact

Nirmala Rametra 631 269 1144 Anu Gulati 516 795 1588 **Anupam Goenka 516 661 9065** Viiav Goswamy 516 731 5250

Please mark your Calendars for upcoming programs for **Year 2016**

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ChefHandler is a line that is dedicated to making a difference in the society we live in today. Our team was brought together by a shared passion for change along with an innovative vision for the future of our children. We are very strong believers in the fact that children are the little angels of a country and our future deserves a fighting chance to change this world. We realize that the most effective way to empower our world's angels to create this change is through education.

This is where we believe you come in!

Awareness starts here and we ask the public to rethink the way they buy daily household items. Just one case of high-end plastic party plates and silverware cutlery can make a difference in a precious life, hence one case, one child. Join the movement, and let's help empower the world to participate in a global impact.

Support a child today with the One Case, One Child program and you will be glad that you did!

